



**Transition Makers Toolbox**

# **Workshop for Changemakers: Fostering Inner Development Goals for Sustainable Education**

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**with Freeke Jansen & Belle Jansen**



# Today

- **Introducing** the Inner Development Goals & the Transition Makers Toolbox
- **Exploring** the IDGs
- **Applying** the IDGs to your education
- **Harvesting** insights and next steps



## Transition Makers Toolbox



# SUSTAINABLE DEVELOPMENT GOALS

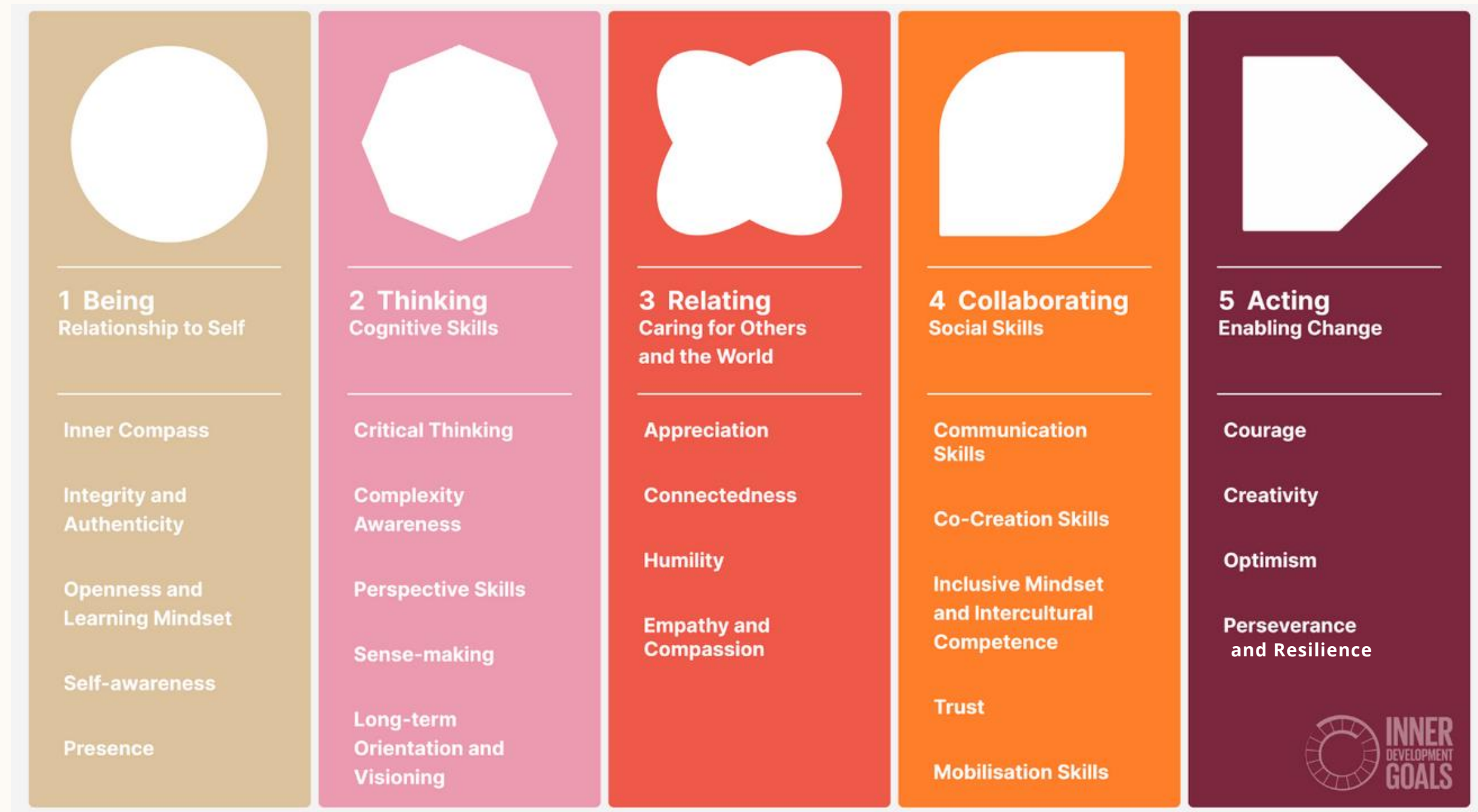




## Transition Makers Toolbox



# EKSKĀRET







## Transition Makers Toolbox

### The IDGs film

The Inner Development Goals (IDGs) is a not for profit and open source initiative.

Meet the founders, hear from the advisory board and co-creating researchers, and learn how the IDGs framework can help accelerate the work towards the UN's Global Goals or SDGs.







## Transition Makers Toolbox

 UNIVERSITY OF AMSTERDAM  
Institute for Interdisciplinary Studies

**TU/e** EINDHOVEN  
UNIVERSITY OF  
TECHNOLOGY

 **WAGENINGEN**  
UNIVERSITY & RESEARCH

 Utrecht  
University

 **UMC Utrecht**



**Common focus  
on contributing to  
societal transitions:  
community-engaged learning,  
challenge-based learning,  
societal impact education,  
future-ready education...**





## Transition Makers Toolbox

### BEING — RELATIONSHIP TO SELF



INNER COMPASS



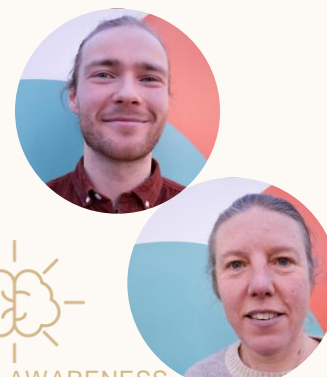
INTEGRITY AND  
AUTHENTICITY



OPENNESS AND  
LEARNING MINDSET



SELF-AWARENESS



PRESENCE



### THINKING — COGNITIVE SKILLS



CRITICAL THINKING



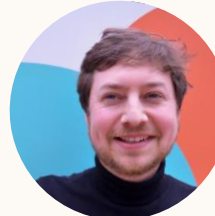
COMPLEXITY AND  
AWARENESS



PERSPECTIVE SKILLS



SENSEMAKING



LONG-TERM  
ORIENTATION  
AND VISIONING



### RELATING — Caring for Others and the World



APPRECIATION



CONNECTEDNESS



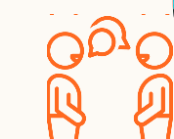
HUMILITY



EMPATHY AND  
COMPASSION



### COLLABORATING — SOCIAL SKILLS



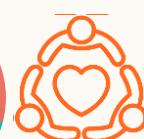
COMMUNICATION  
SKILLS



CO-CREATION  
SKILLS



INCLUSIVE MINDSET  
and intercultural  
competence



TRUST



MOBILIZATION  
SKILLS



### ACTING — DRIVING CHANGE



COURAGE



CREATIVITY



OPTIMISM



PERSEVERANCE  
AND RESILIENCE



Learning objectives based on the [Inner Development Goals](#)



**BEING**

Relationship to Self &gt;

**THINKING**

Cognitive Skills &gt;

**RELATING**

Caring for Others and the World &gt;

**COLLABORATING**

Social Skills &gt;

**ACTING**

Driving Change &gt;

## A Teaching Toolbox based on the Inner Development Goals

Do you want to empower your students to **drive societal change**? Get inspired by the tools created by our lively community of teachers across the Netherlands.

Our tools, structured around the Inner Development Goals framework, are divided into 5 categories and reflect 23 learning outcomes. You can easily select your desired learning outcome and find ready-to-use learning activities, including assessment.





# Exploring the IDGs

- **Browse** the leaflet
- Which **IDG category** (colour) resonates (most) with you?
- From the **card deck**, take the cards with the corresponding colour





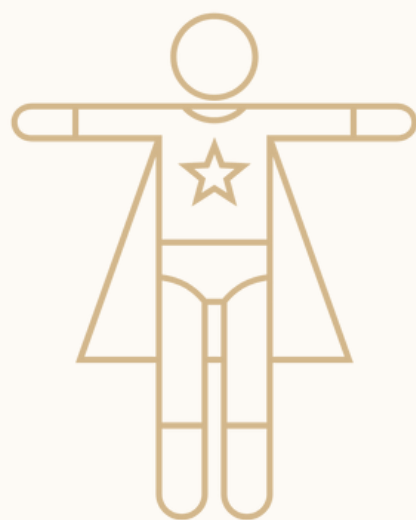
# Exploring the IDGs

- **Find a buddy** with the same colour cards
- **Start a conversation** led by the questions on the cards





## The Superhero in Me

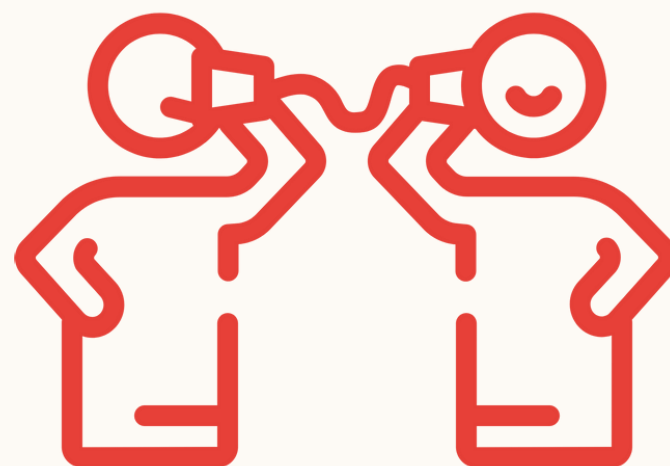


### Self-awareness

Develop self-awareness by exploring your capabilities and challenges

*Prior to a group project, to get to know each other and be able to benefit from each other's qualities and strengths*

## Deep Listening



### **Empathy & Compassion**

Learn to communicate about and reflect on the opinion, feelings and vision of others

*Opening up to each other's perspectives, building trust in diverse groups*

## Positive Reframing



### Optimism

Reframing from negative to positive for an optimistic attitude towards meaningful change

*In a course where climate anxiety might arise*





# Applying the IDGs in your education

>> *Go to the 'All tools' page*

- Is there a tool you would like to implement in your education?
- Write down the learning outcome of that tool.
- Which of your courses would be suitable to integrate this tool?
- How would you apply the tool?

# IDG:



**Course(s):**    **In which course(s) do you want to use the IDGs?**

	<p>Existing Learning outcomes</p> <p>Which learning outcome(s) from the course are you aligning with?</p>	<p>New Learning outcome?</p> <p>Does this require changing the current learning outcomes?</p>	
	<p>Tool from the Toolbox</p> <p>Which tool from the Toolbox would you like to use for this?</p>	<p>Embedding the tool</p> <p>How could you embed the tool in the context of your course?</p>	
	<p>Assessment</p> <p>(How) do you assess this learning objective now?</p>	<p>Feedback</p> <p>How could you customise the assessment for your needs?          Could you focus on formative assessment?          How do you assess the students' personal growth?</p>	
	<p><i>Notes</i></p> <p>What is needed to achieve this?          Support from the educational programme?          Coordination with the Examination Committee?          Collaboration with fellow teachers?</p>		



# Harvesting

- What are your **insights** from today?
- What are your **next steps**?





# Transition Makers Toolbox

## Newsletter

*sign up: [transitionmakers.nl](https://transitionmakers.nl)*

## Workshops and events

# IDG Dutch Higher Education Hub

Community gatherings around  
applying IDGs in education

## LinkedIn Group

