### CONNECTING ACROSS DISCIPLINES & COUNTRIES

A roadmap for purposeful interdisciplinary collaboration for early-career researchers

Presenters: Anna Bryan and Emilie McSwiggan





Across countries (and languages)



Between institutions

- Across countries (and languages)
- Between institutions
- Among different disciplines

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- Among different disciplines
- In online or hybrid teams

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#### PLUS REFLECTIONS ON LESSONS LEARNED...







**Emilie McSwiggan** 



Stella Arakelyan







**Amalie Russel** 





**Catharina Thiel Sandholdt** 



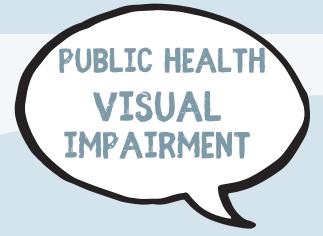
**Kieran Sweeney** 



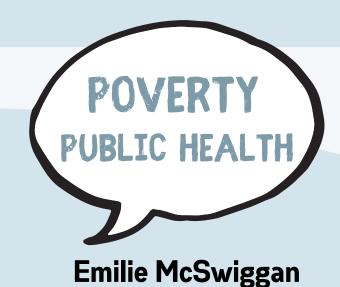
**Jonas Thorborg Stage** 







Andrea Nedergaard Jensen



MULTIMORBIDITY
INFORMAL CARE
NEW MODELS
OF CARE

Stella Arakelyan

#### MEET THE TEAM

PUBLIC HEALTH STUDENT ASSISTANT

Amalie Russel

HEALTHCARE

NATURAL LANGUAGE PROCESSING

ARTIFICIAL INTELLIGENCE

**Imane Guellil** 

**Catharina Thiel Sandholdt** 



**Kieran Sweeney** 



PUBLIC HEALTH
COLLABORATIVE
APPROACHES

**Jonas Thorborg Stage** 



Edinburgh & Copenhagen strategic initiative







Set up by senior academics



Edinburgh & Copenhagen strategic initiative



Set up by senior academics



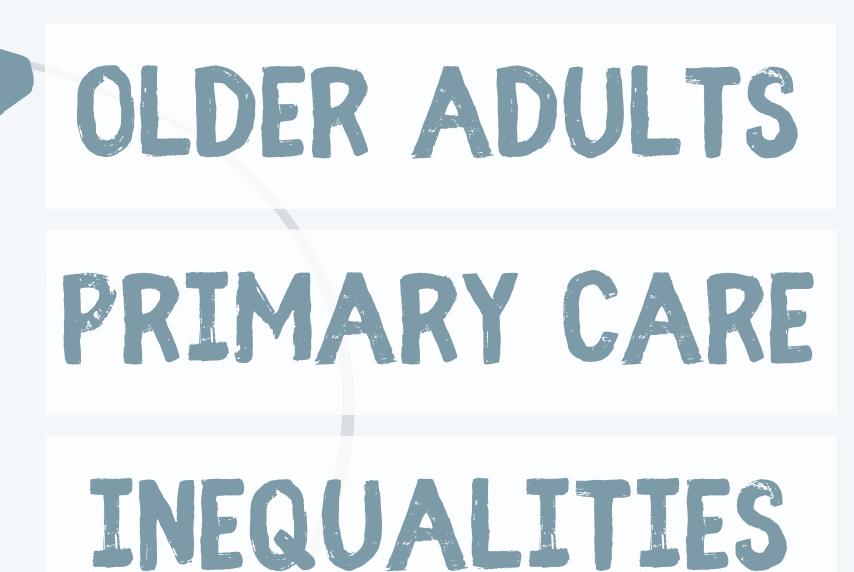
Small budget from a seed-funding grant



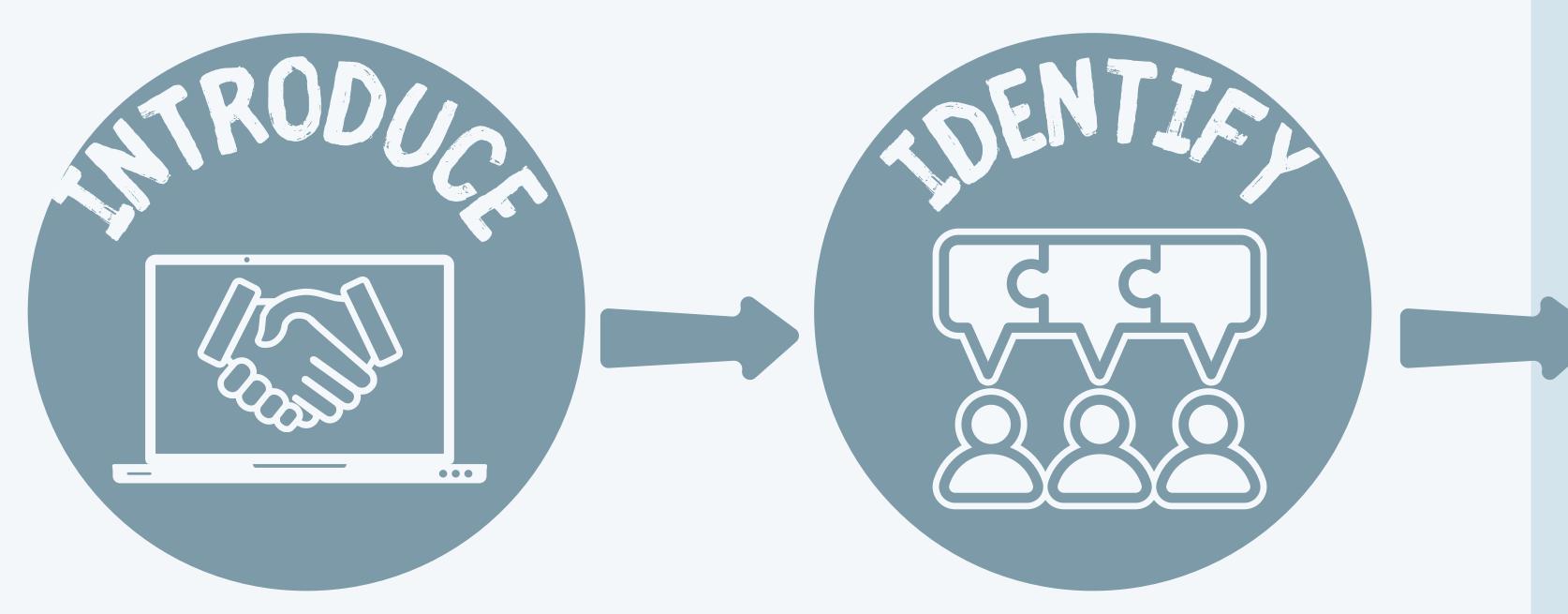
## OUR INTERESTS 7 OLDER ADULTS

# OUR INTERESTS OLDER ADULTS PRIMARY CARE

#### OUR INTERESTS



### SO WHAT DID WE DO? A ROADMAP FOR COLLABORATION

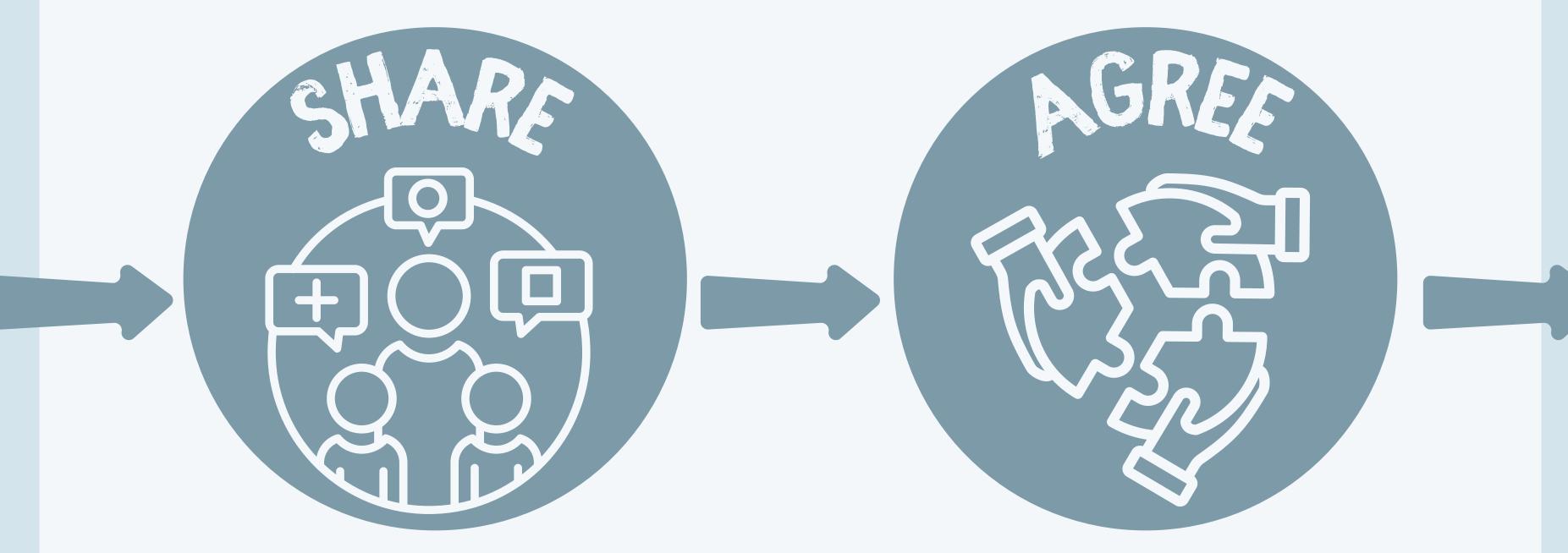


One-pager email intros Backgrounds & interests

To: start making connections

Online group workshop Mapping on Miro

To: find shared interests

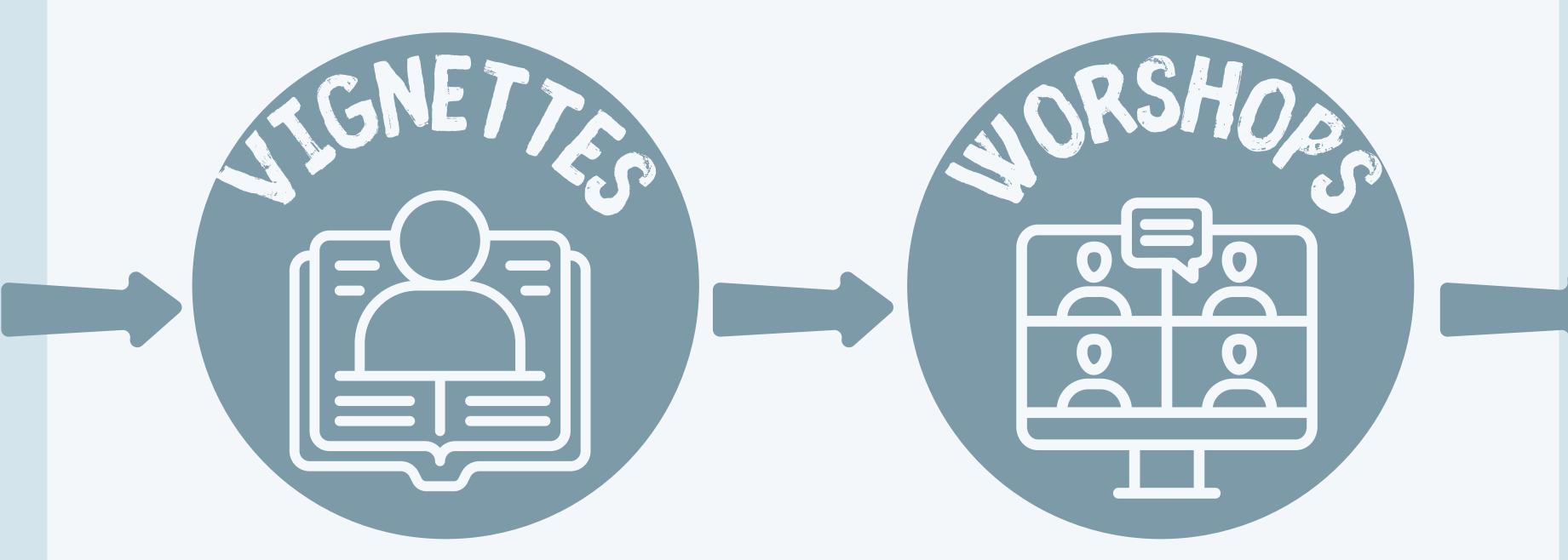


'Imaginary abstracts' Individual writing task

To: surface disciplinary norms

Online group workshop
Discussing abstracts

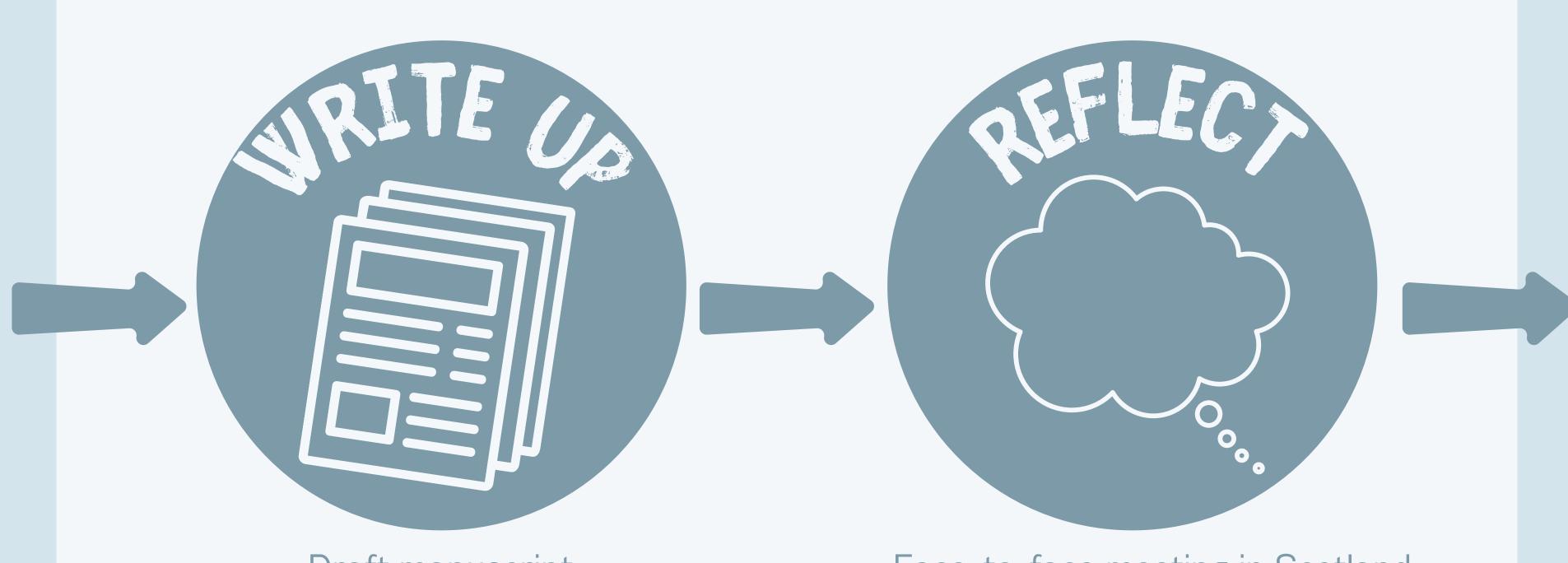
To: negotiate a way forward



Stories of 'example' older adults
In-country team writing task
To: bring our contexts to life

2x structured online workshops
Questions used to guide dialogue

To: enable discussion across differences

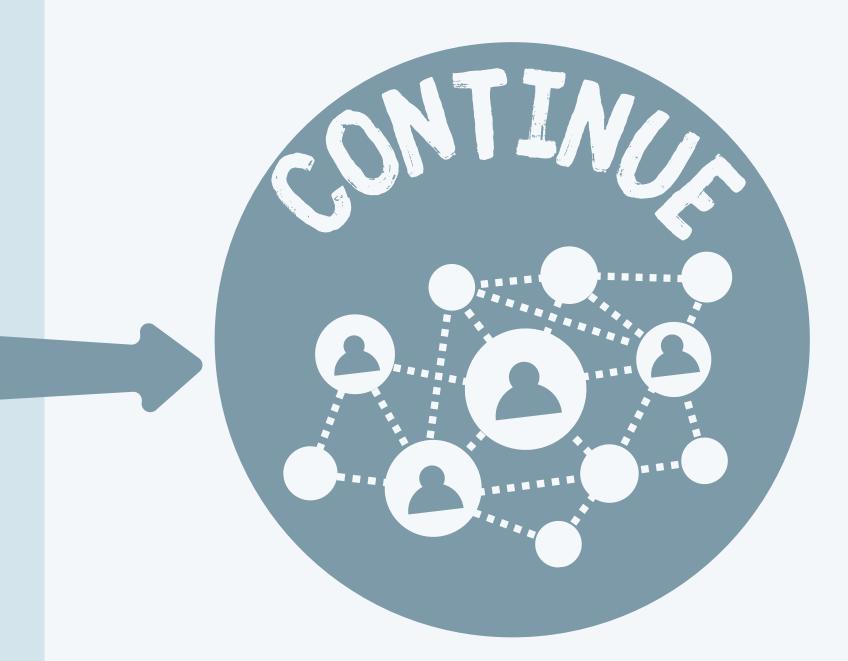


Draft manuscript
Led by coordinators

To: frame and synthesise discussion

Face-to-face meeting in Scotland Individual written reflections

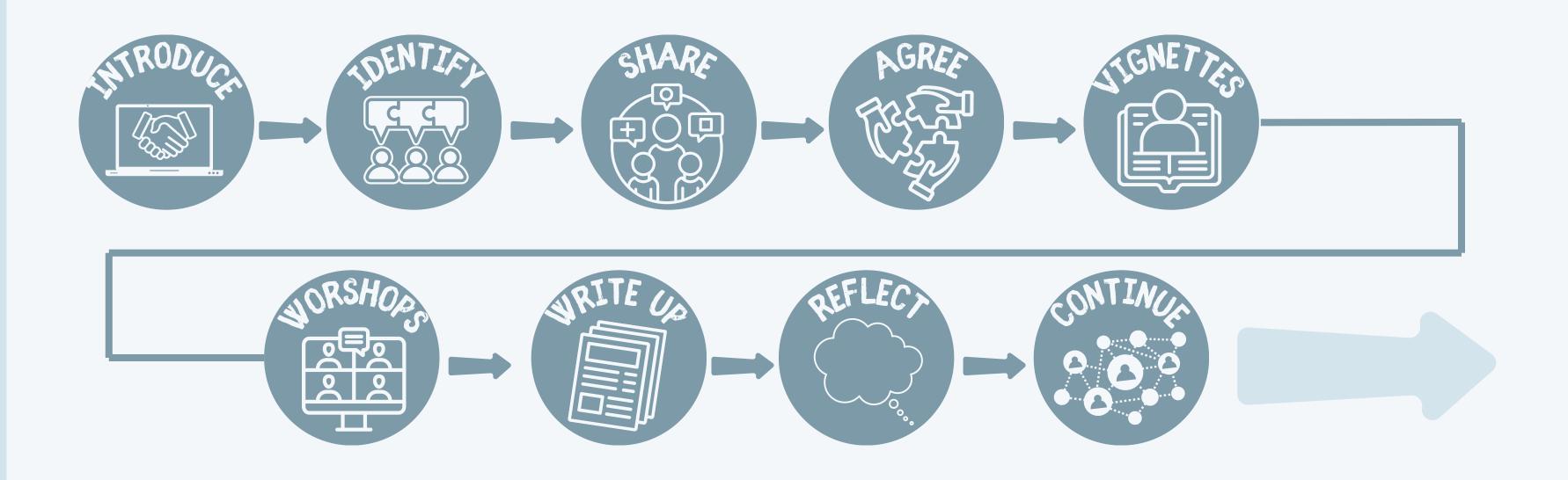
To: consolidate learning

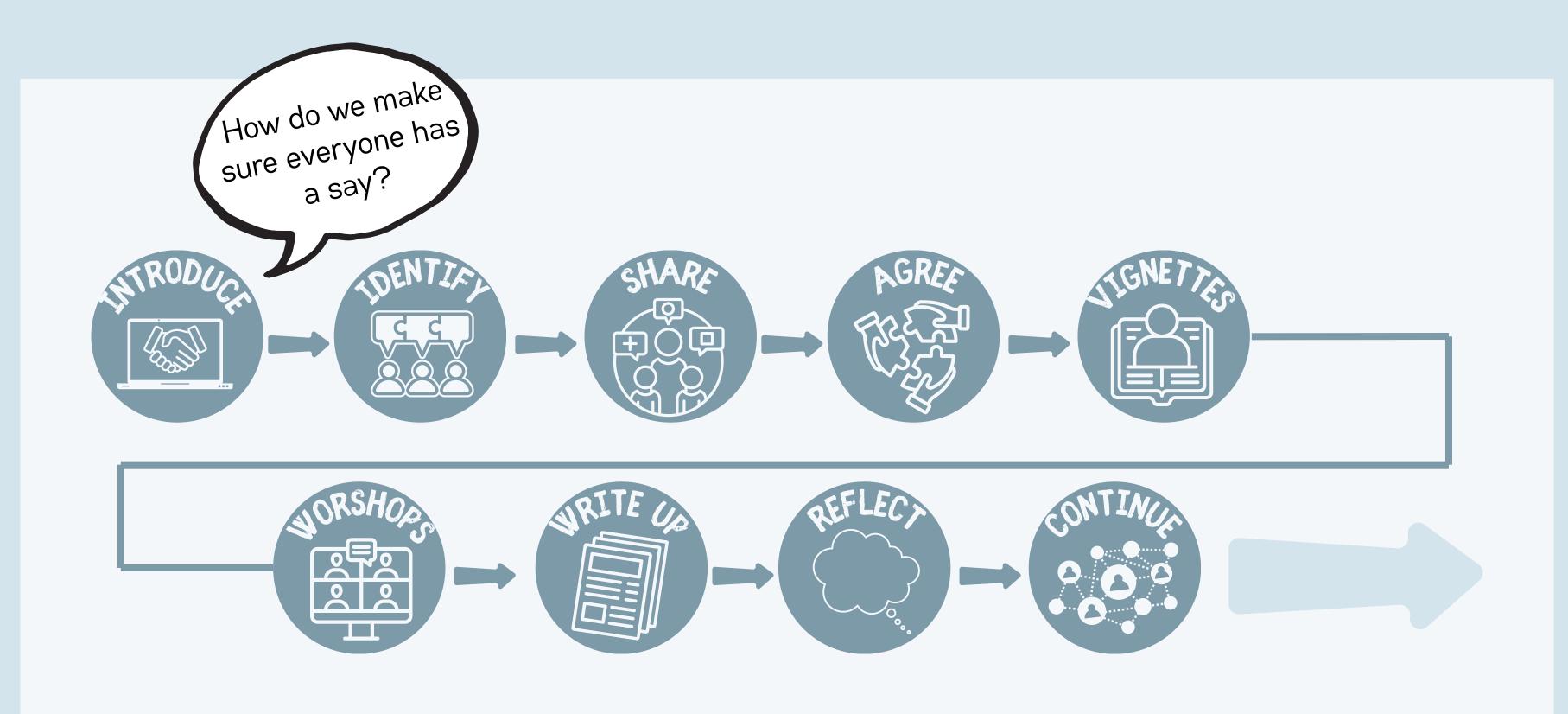


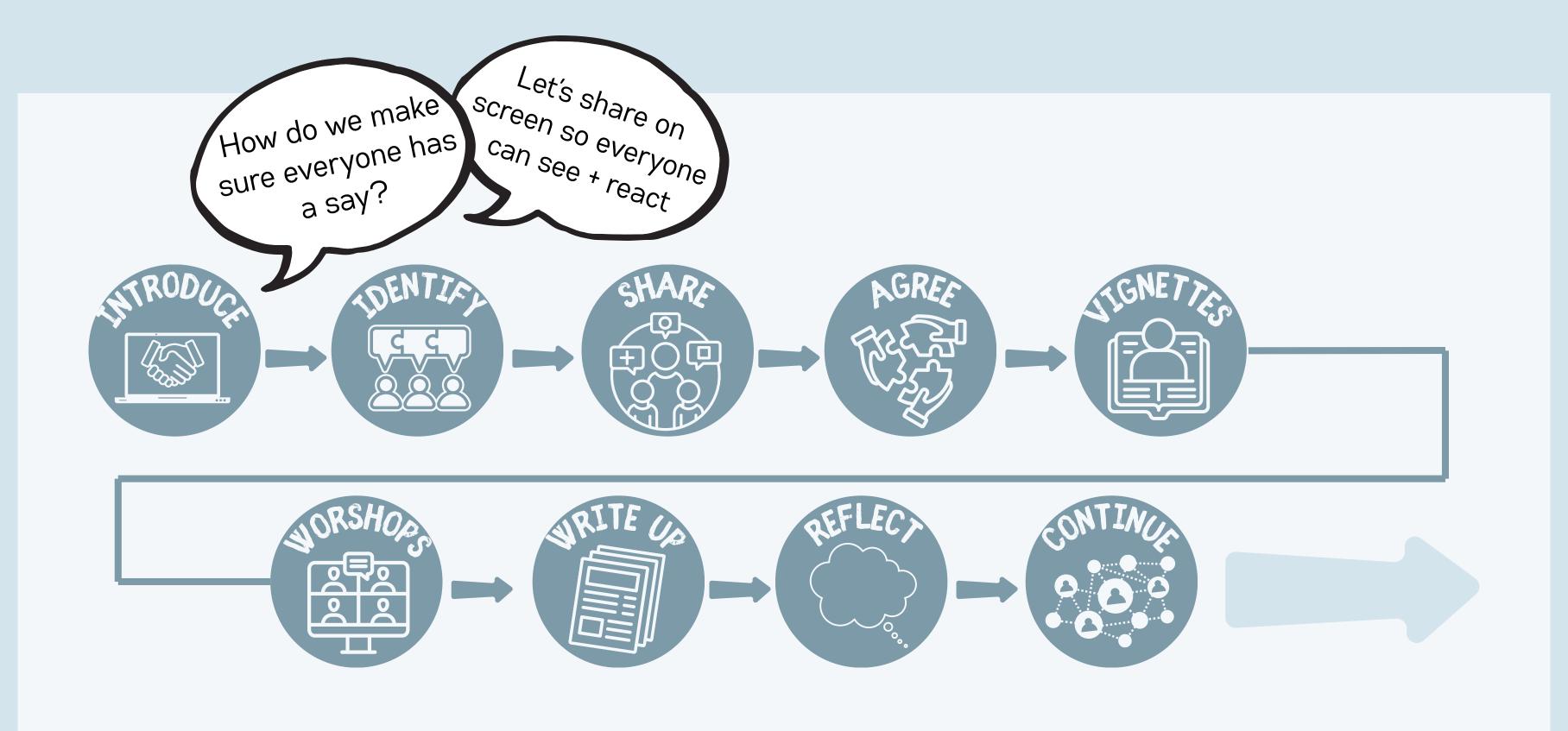
Publications / conferences Quarterly (ish) coffee calls

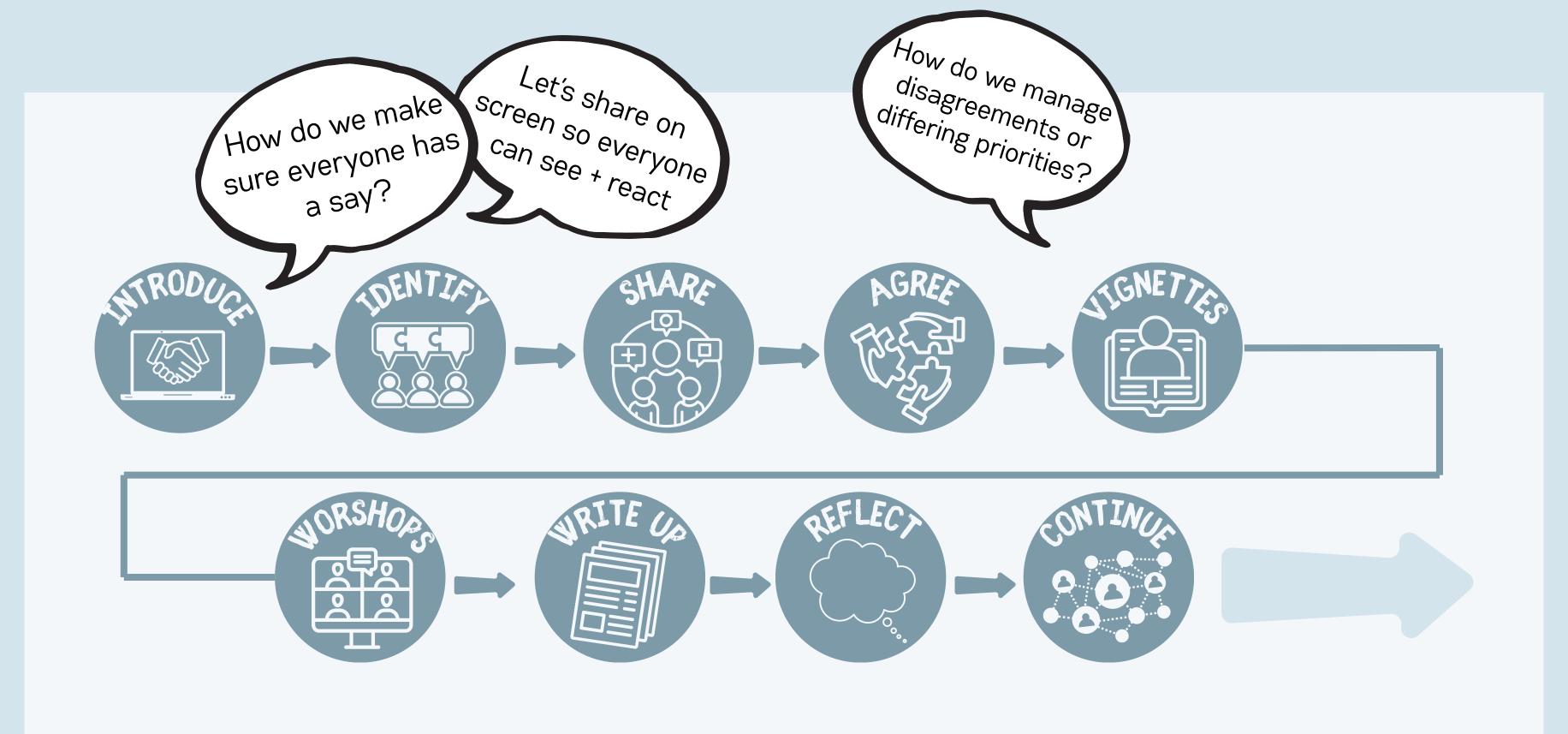
To: continue collaboration

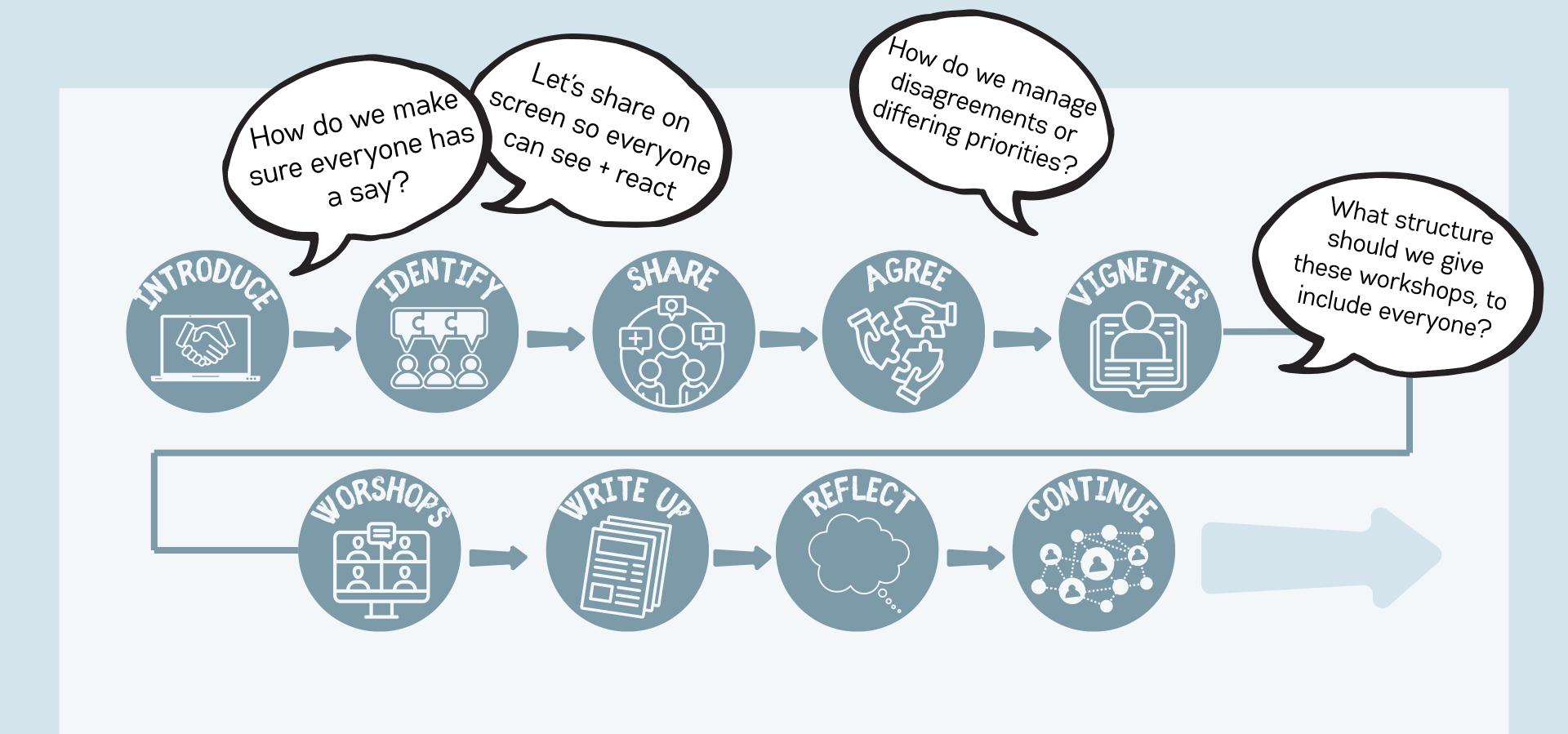
### FACILITATION A HIDDEN LAYER

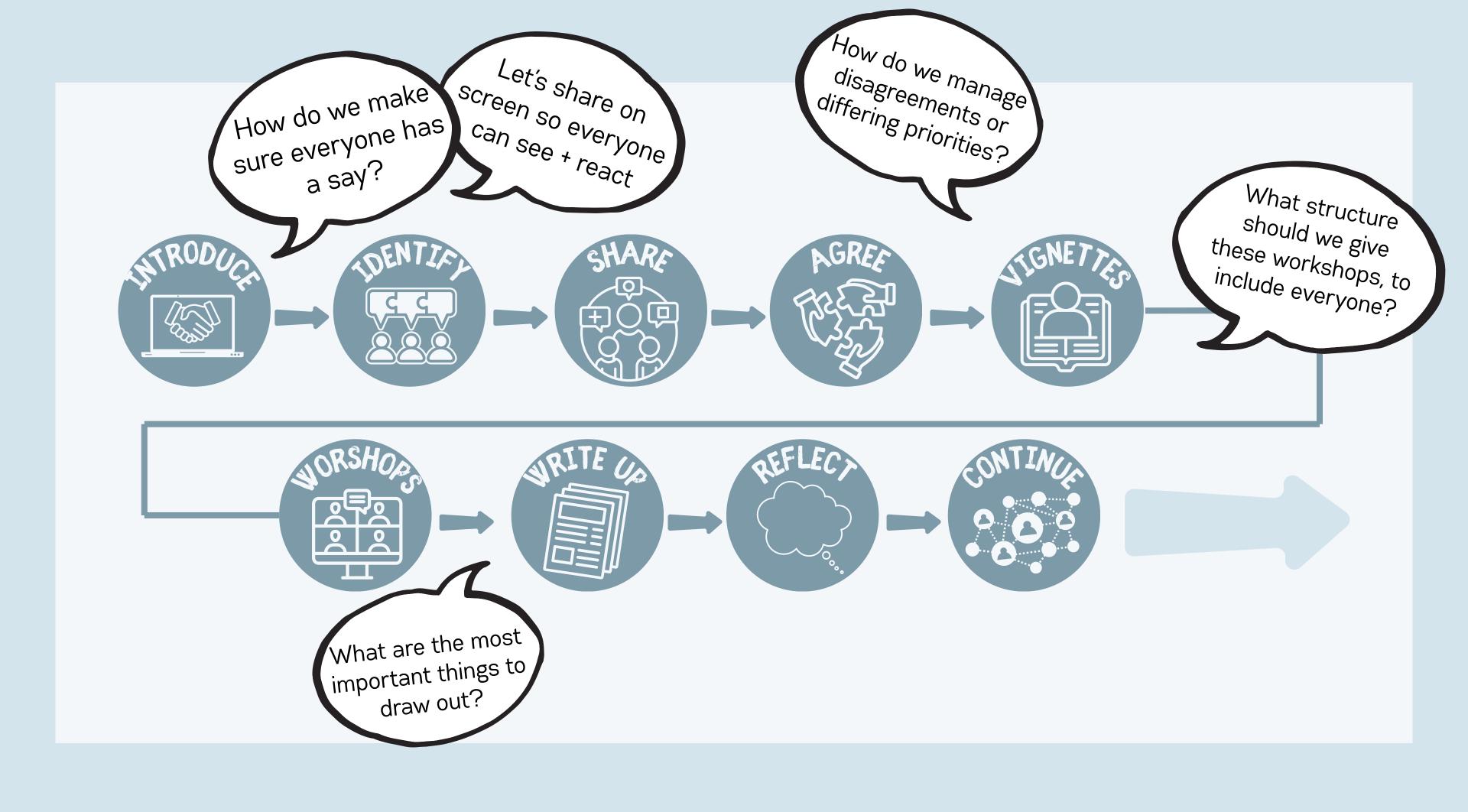


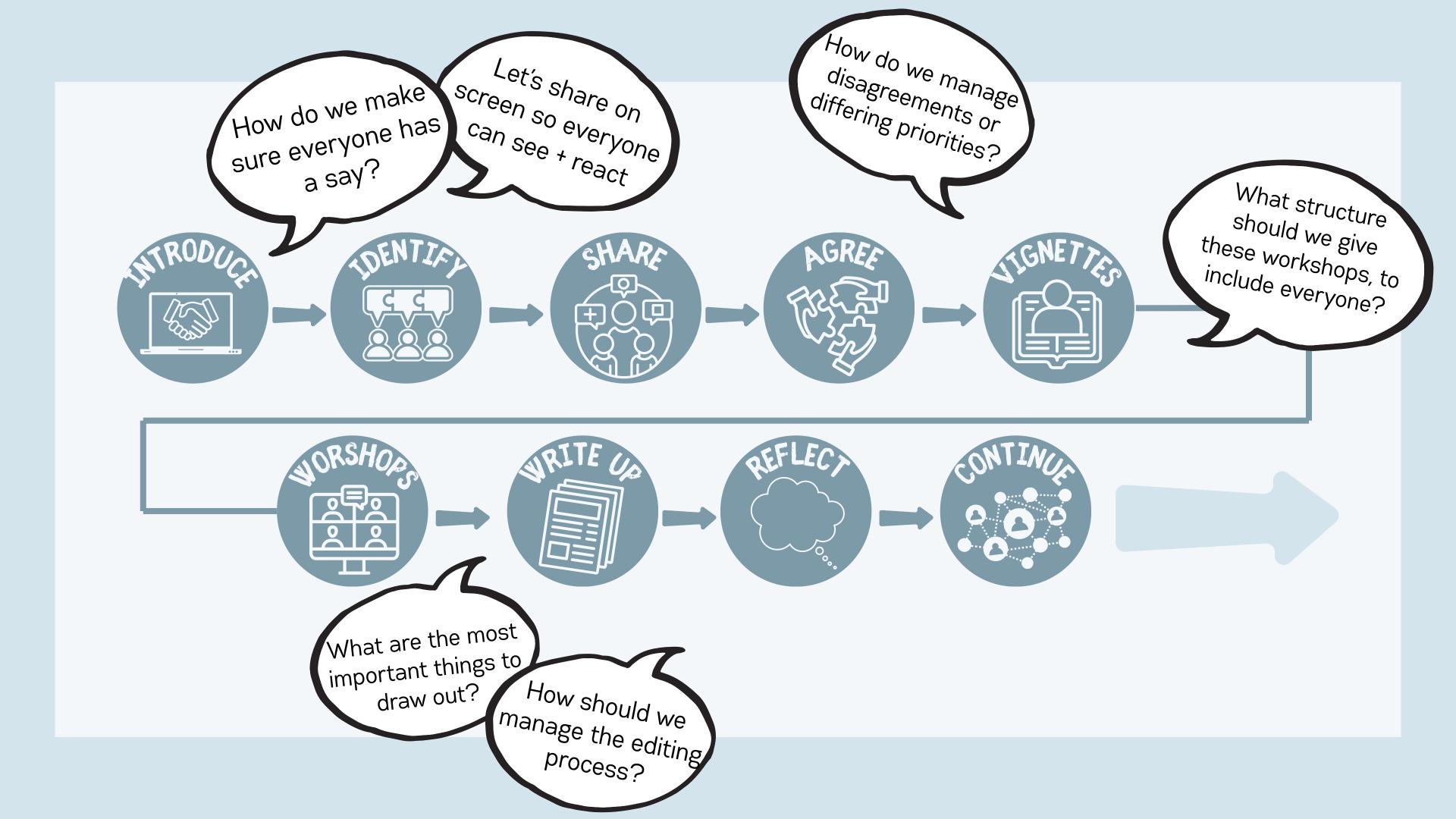


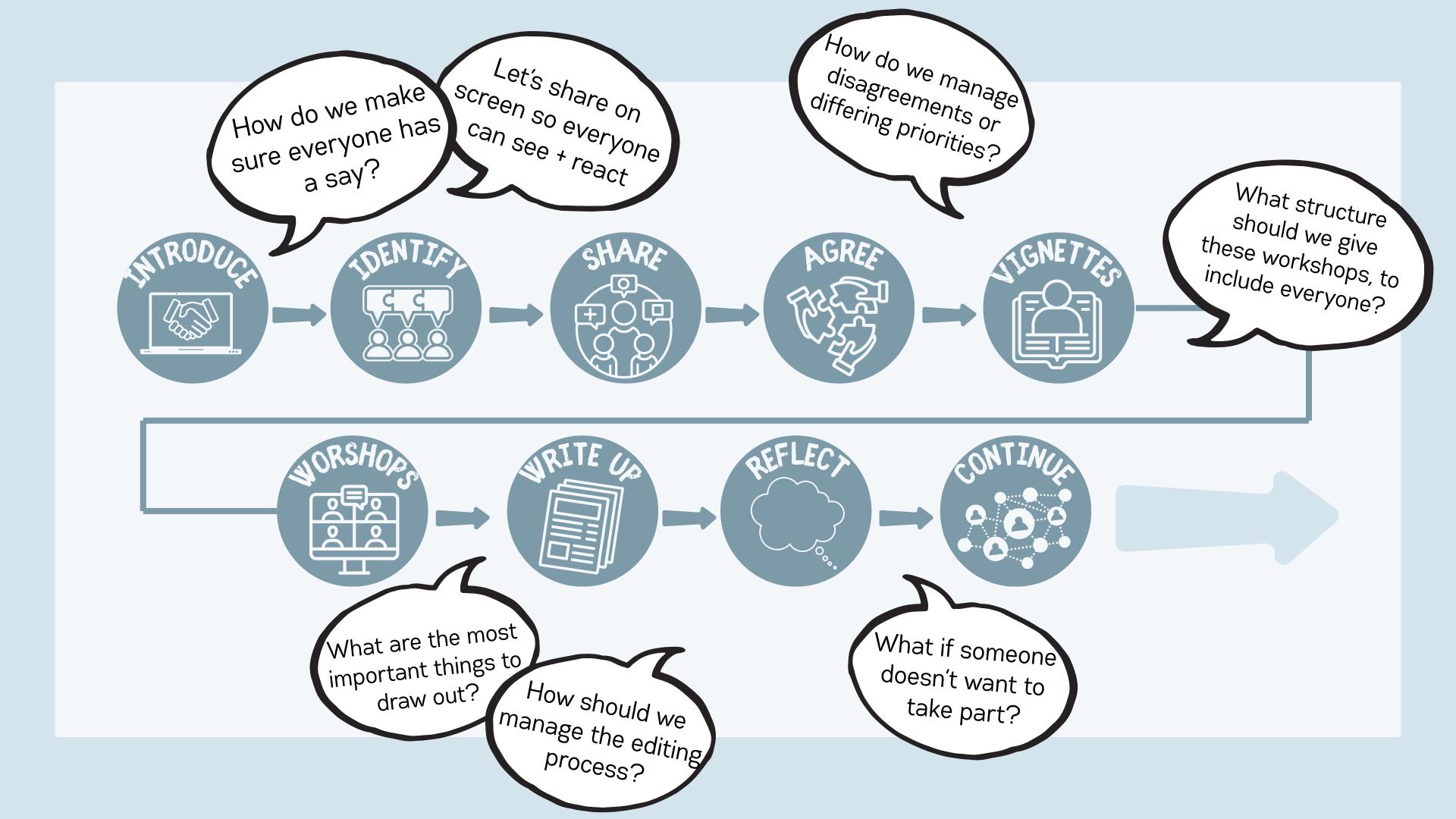












### REFLECTIONS: IMPROVING FACILITATION

#### GOOD FACILITATION GETS THINGS DONE ...

meaningful collaborations take time and commitment. I would add that it also required great leadership. I think [our coordinators] did a superb job of this – orchestrating and facilitating a process that dealt with the uncertainty of what exactly we were hoping to achieve in a way that felt coherent and has lead to meaningful output

#### ... BUT CAN FEEL NON-TRANSPARENT

[The online setting] places more power in the hands of those leading the group, as it is their own personal reflection and separate meetings amongst themselves that drive the project.

#### SO IT HELPS TO CLARIFY ROLES ...

It was difficult to establish a power structure because we were all at the same career level [...] This made the decision process a bit heavy and made it difficult to make decisions of who does what. [Our coordinators] took a huge responsibility and organized so much, but this was very 'soft power'

#### ... AND AGREE GROUP GROUND RULES

In some ways, it would perhaps be useful to set some norms for dialogue explicitly at the start in order to respect each other's times as much as possible. This has also something to do with inclusiveness I would say. [...] some ground rules to go along with [...] so that all agree about how we work together

## WE WOULD ALSO SUGGEST ....

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Have team leads (especially if online)

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Facilitation can be a shared role

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Have team leads (especially if online)



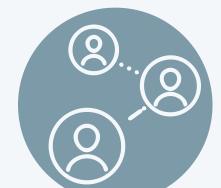
Facilitation can be a shared role



**Emotional awareness**matters

# WAS IT WORTH IT? WHAT WE VALUED MOST





# NEW INTERNATIONAL CONNECTIONS



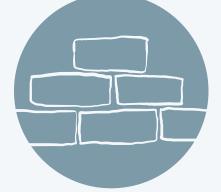
A TOPIC WE ALL CARE ABOUT



# NEW INTERNATIONAL CONNECTIONS



A TOPIC WE ALL CARE ABOUT



FOUNDATIONS FOR FUTURE COLLABS



# NEW INTERNATIONAL CONNECTIONS



A TOPIC WE ALL CARE ABOUT



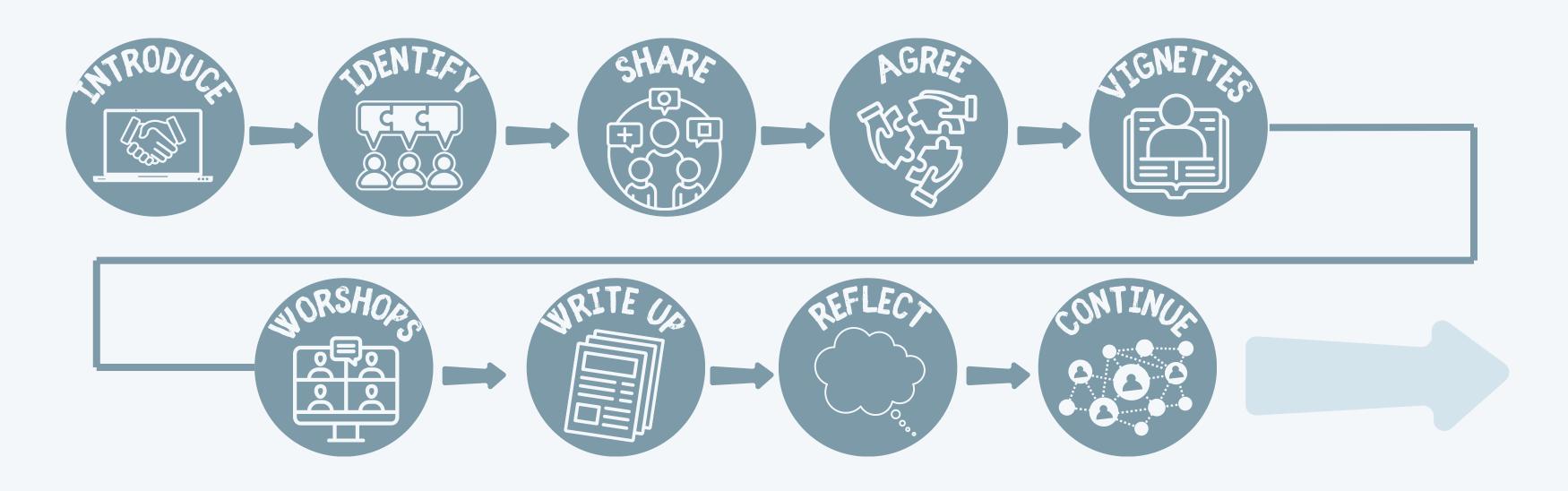
FOUNDATIONS FOR FUTURE COLLABS



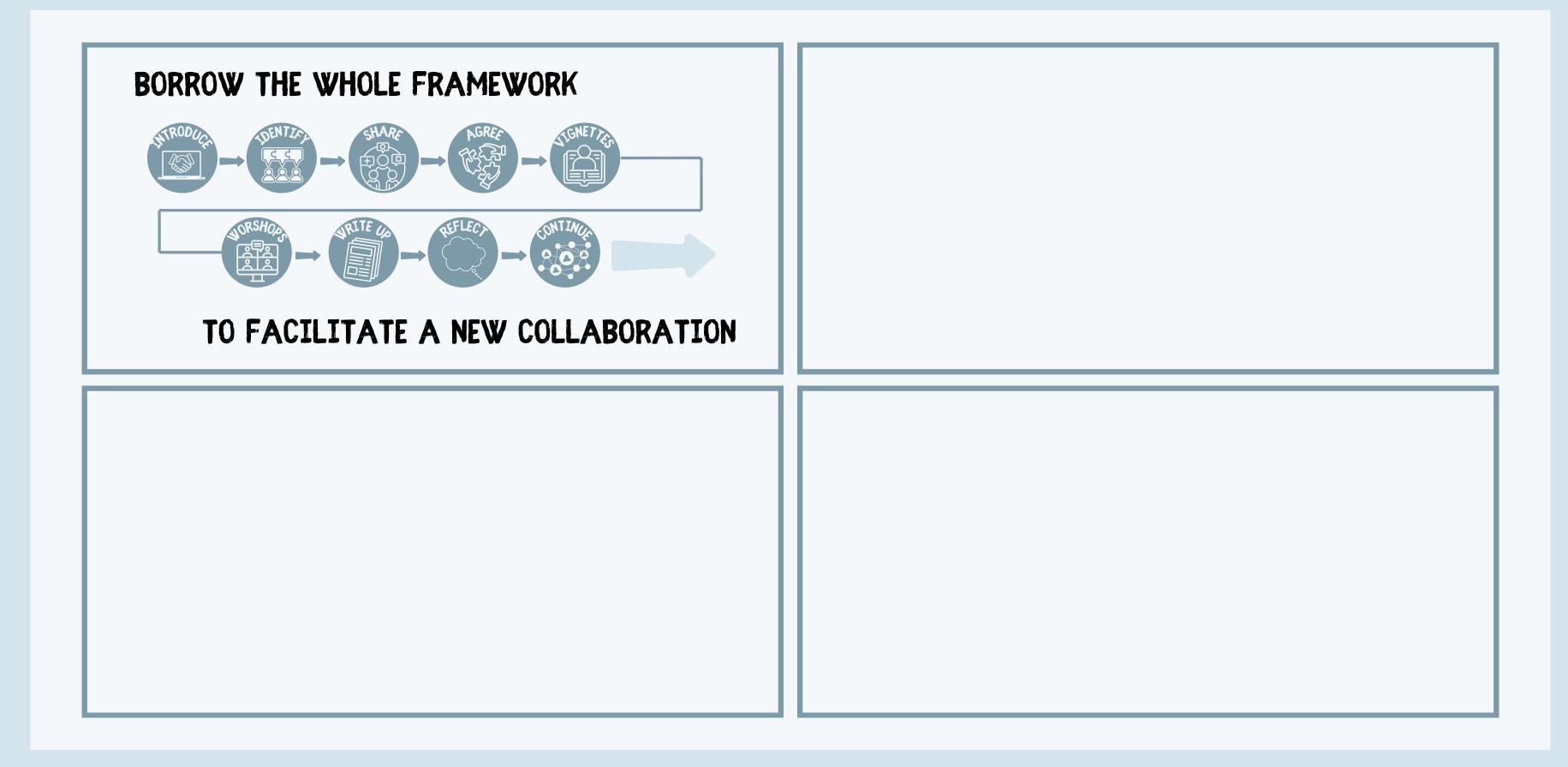
INSIGHTS INTO TEAMWORK + STYLES

# COULD YOU USE THIS? SOME SUGGESTIONS

#### BORROW THE WHOLE FRAMEWORK



#### TO FACILITATE A NEW COLLABORATION



#### ADAPT OR USE ELEMENTS

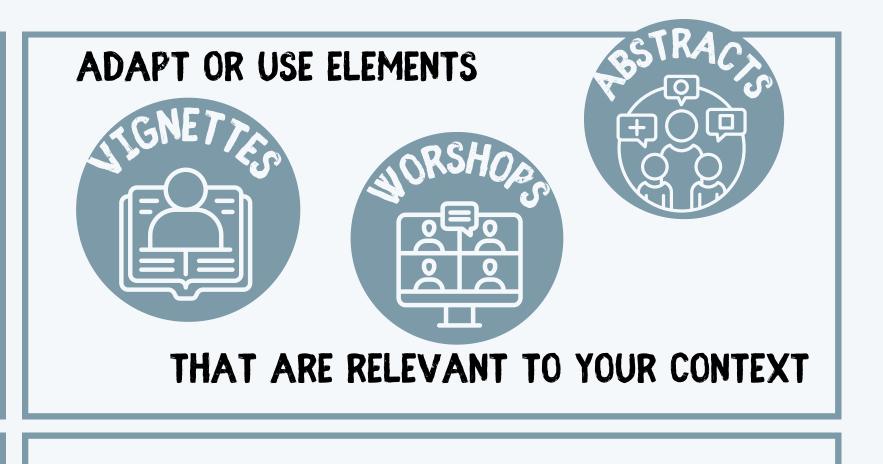






THAT ARE RELEVANT TO YOUR CONTEXT

# BORROW THE WHOLE FRAMEWORK TO FACILITATE A NEW COLLABORATION



### MAKE USE OF OUR LEARNING

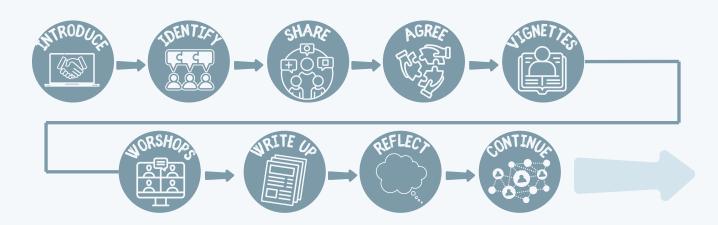






ABOUT GOOD FACILITATION

#### BORROW THE WHOLE FRAMEWORK



TO FACILITATE A NEW COLLABORATION

#### ADAPT OR USE ELEMENTS







THAT ARE RELEVANT TO YOUR CONTEXT

#### MAKE USE OF OUR LEARNING

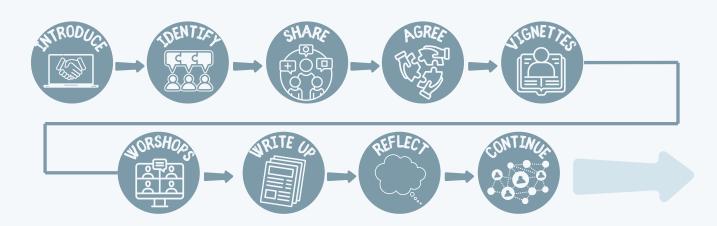






**ABOUT GOOD FACILITATION** 

#### BORROW THE WHOLE FRAMEWORK



TO FACILITATE A NEW COLLABORATION

#### ADAPT OR USE ELEMENTS







THAT ARE RELEVANT TO YOUR CONTEXT

#### MAKE USE OF OUR LEARNING







**ABOUT GOOD FACILITATION** 

WE'VE WRITTEN UP OUR PROCESS
(WAITING TO HEAR FROM THE JOURNAL!)
+ HAPPY TO SHARE IT WITH YOU

## KEEP IN TOUCH:

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